

## **Tobacco**

Provided ACT 811 and Hazards of Smoking and Quitline information to participants of the East End School Staff Wellness Day, participants at Westside Staff Wellness day, Perry & Conway County Safety Baby Shower attendees, students in Heber Springs School District during STD/Teen Pregnancy Prevention presentations, students at the Southern Christian Home, Dardanelle Boys and Girls club, Van Buren County Youth Summit, Bob Courtway Family Health Night attendees. (MG)

Franklin county coalition town hall meeting, 300 present, used APNA data to play Minute To Win It Game, included tobacco information. (MC)

Presented smoking, spit and quitline information at the regional career fair at Paris school district and Waldron Middle School. (MC)

Hosted workshop, "Biology of Cancer and Healthy Lungs". Tobacco use and it's dangers were presented. (MC)

*If I Start I can Quit* presentation (MG)

## **Nutrition/Physical Activity/Obesity**

Participated in East End School Districts Employee Wellness Day. Provided Blood Pressure and Glucose screenings. Education on the dangers of hypertension and elevated blood sugars given. BMI, Body mass and nutrition education provided. (MG, CR)

SHI training at West Fork School District (SB, NM)

Provided article for CHPS/CHNS newsletter on sleep and obesity research (SB)

Facilitated collaborative meeting between members of the Greers Ferry Lake Trails Council, Heritage Council, other partners and Cleburne County Coalition on increasing walkability/farmers market viability in Heber Springs. Determined trail project to incorporate farmer's market with downtown business and worked extensively with GFLTC leaders on Clif

Bar Foundation grant project. Assisted in adding public health language, an obesity focus and outcome objectives to the grant application.

Faulkner Healthy Weight Coalition (Chair) and planned public forum on obesity prevention and community garden collaborations (CR)

BMI/Weight/nutrition education at health screening events for Russellville school staff, Conway families, and for employees via APHA nutrition booth (CR).

## **Injury Prevention**

Submitted newsletter article re: helping kids walk to school safely (CR)

Car Seat installations for Perry County and Conway County Safety Baby Shower participants. . (MG)

Developed Injury Prevention Power Point to be used by Sebastian county LHU at local preschool workshop. (MC)

## **Other**

Presented STD/Teen Pregnancy Prevention to 8<sup>th</sup> graders in Heber Springs. (MG)

Breastfeeding education provided to St. Mary's Childbirth class participants. (MG)